

## [Thankful for Your Dog? Here are 3 Holiday Meals for Treating Your Pooch](#)

by [Rose Martelli](#) ([Subscribe to Rose Martelli's posts](#))

Nov 19th 2010 @ 1:00PM Filed Under: [Dogs](#), [Animal Nutrition](#)



Getty

You know not to feed your pet from the table -- even when the table is as bountiful as it is on Thanksgiving -- so how can you safely and happily include your dog in the upcoming holiday festivities?

Whether you're a master chef or a microwave-only kind of cook, we've got you covered. Here are three mutt-friendly meals you can make: one from a pre-assembled kit, one that any home cook can put together while making Thanksgiving dinner (no extra time in the kitchen necessary), and one for serious, canine-loving culinarians.

"Bone" *appétit!*

### **Doggie Thanksgiving from a Kit:**

Chef Edward Mac, founder and chef de cuisine at [Barks Bistro](#), received his culinary training from Le Cordon Bleu. So you know that his [Three-Course Prix Fix Thanksgiving Dinner Kit \(\\$15\)](#) will be tasty. The kit contains a ready-to-eat beef pâté starter, followed by your choice of ready-to-eat entree: Tender Turkey, Crispy Chicken, Pork Sirloin Chops or Veal Cutlets. For dessert, the kit contains cupcake-making materials: cupcake liners, a packet of vanilla yogurt

icing and a recipe booklet for whipping up your own batch of cupcakes, featuring Mac's favorites (like Alaskan pink salmon and rosemary cake).

### **Homemade Gourmet Meal**

Pet expert [Arden Moore](#), author of "[Real Food For Dogs](#)," has a go-to holiday recipe that's sure to make any dog thankful this Thanksgiving. This recipe comes from that book but exclusively for Paw Nation, Moore has thrown in a few gourmet touches to make the meal extra-special. (But do be careful, Moore notes, "not to gussy up the meal with foods that are too rich or otherwise no-nos, or else Thanksgiving Day could be spent with one sick dog.")

#### Fido Thanksgiving Feast

1 teaspoon extra virgin olive oil

½ cup mashed potatoes ("Russet, blue or Yukon gold are fine, but skins should be removed," Moore says.)

1 egg (preferably certified organic)

½ cup diced cooked turkey meat

½ cup French-cut green beans

1/3 cup aged cheddar cheese or low-fat cottage cheese. (Says Moore, "Cheese in moderation is OK for dogs, but some have sensitive stomachs. Cheddar is one that's digestible for dogs. I would not use Brie or other rich cheeses.")

1. Warm the olive oil in a medium-sized pan over medium heat.
2. In a small bowl, whisk together the mashed potatoes and egg.
3. Pour the potato and egg mix into the pan. Add the turkey and green beans.
4. Cover the pan, reduce heat to low, and simmer until the egg is cooked.
5. Top with grated cheese and let it cook for a few minutes longer to allow the cheese to melt.
6. Let cool before serving.

Note: This portion equals one meal for a 50-pound dog or two meals for a 25-pound dog. You can adjust the amount based on this portion provided.

### **Rachael Ray's Use-Up-Your Leftovers Dinner**

Renowned for her love of [dogs](#), Rachael Ray recently shared her [recipe](#) for "Leftover Thanksgiving Hash" in her eponymous magazine and on PeoplePets.com. She brings together leftover turkey, stuffing (though recommends avoiding onions and other tricky ingredients) and gives guidelines on how to cook it all together. Go to [PeoplePets.com](#) to learn how.

*For more great Thanksgiving ideas check out: [Holidash](#) and [KitchenDaily](#).*

**Tags:** [arden moore](#), [cooking for dogs](#), [dog food](#), [Edward Mac](#), [PeoplePets.com](#), [rachael ray](#), [Thanksgiving](#)